Thank You for requesting a sample lesson! We hope you have fun with Noah. To find out more about our lessons plans, please visit [www.TeachSundaySchool.com](http://www.TeachSundaySchool.com)

**Ages 2-5**

**Opening Prayer** to welcome the start of the session. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Talk about promises** - what is a promise? Seek examples from the children themselves. Ask them who has ever made a promise. What the promise was. Did they keep it? What other kinds of

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**Mary-Kate**

I’m the creator of “Sunday School Lesson Plans”. I’m a 2nd grade teacher, mother of 2, and Sunday School Leader to MANY. My pastor asked for my help when our Sunday School Program was in crisis. Our attendance numbers were dwindling, our teachers were overwhelmed, and parents weren’t happy. Together with the help of some very bright, creative Christians, I was able to develop a set of fool-proof lesson plans that are ready for instant use. It doesn’t matter if you’ve been teaching for years or are a total newbie- these lessons will make your life easier, more fulfilling, and most importantly, more fun! Enjoy your sample lesson. If you have any questions, shoot me an e-mail: support@knowledge-spot.com

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**Lessons for ages 2-14...**

<table>
<thead>
<tr>
<th>Ages 2-5</th>
<th>Page 1</th>
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</thead>
<tbody>
<tr>
<td>Ages 6-8</td>
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<tr>
<td>Ages 9-11</td>
<td>Page 5</td>
</tr>
<tr>
<td>Ages 12-14</td>
<td>Page 6</td>
</tr>
</tbody>
</table>

[www.TeachSundaySchool.com](http://www.TeachSundaySchool.com)
Ages 2-5 (Cont.)

- things can they think of that they make promises about.

**Bible Story:** Tell the story of Noah in basic language that this age group can understand. If you can't find an illustrated copy of this in the library for use in your class, use the bible but translate the bible story into a simple language that the little ones can understand - dwelling more on the ark and rainbow rather than the reasons for the flood and the fact that no-one else was saved.

Remind the children of the earlier discussion about what a promise is - use a couple of their own examples to illustrate - and then link the bible story to the promise by telling them again about the rainbow being God's promise to the world that he would never again send such a flood.

**Art:** Draw a Rainbow

*Leader to draw a large rainbow for the room to remind class every time they enter the room of God's promise. This can be either painted, or use small pieces of tissue paper crumpled up and glued in the right color bands.

Or:

*Paint individual rainbows to take home.

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**Your Questions...**

**What denomination are these lessons designed for?**

The lessons are non-denominational, so they can be customized for any Church curriculum.

**What age level are these lessons designed for?**

The lesson plans cover ages 2-14, with four customized modules for each lesson.

Each lesson contains a module for ages:

- 2 to 5
- 6 to 8
- 9 to 11
- 12 to 14

**What class size are these lessons designed for?**

You can easily adapt these lesson plans for any class size.

Sue in Athens, GA uses the lesson plans for her home-based Sunday School group of 4 kids.

While Eleanor in Mississauga, Canada uses them for her class of 26!
Ages 2-5 (Cont.)

**Song:** To the tune of Old McDonald's Farm. Use different animals that the children give you - discuss the noise each one makes before starting to sing the verse. Continue with different animals depending on time constraints.

Old man Noah built an ark - E I E I O

And in that ark he placed two (dogs) E I E I O

With a (woof woof) here and a (woof woof) there

Here a (woof), there a (woof)

Old man Noah built an ark - E I E I O

**Game:** Match up the animals - and place in "ark".

Need: Two copies of each animal used (magazine cuttings, line drawings, plastic/wood toys). A container to use as the ark. If you actually have a toy Noah's Ark to use, all the better! Make some of these more difficult by having animals where the male and female look different, or having a baby and mother of the same animal. The younger children will need help with these but older children should be able to match a lion and lioness for example.

**Closing Prayer thanking God for his promise.** For example:

"Thank you God for our class today. Thank you for your love, and for your rainbow to remind us of your promise. Help us to keep the promises that we make, and keep us safe in your care. Amen."

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**Ages 6-8**

**Opening prayer to welcome the start of the class.** For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen.

**Bible Story:** Tell the story of Noah to the children in the class.

A picture book version isn't necessary but a simplified version of the story will put it into the understand level of the age group. If you have a children's bible that you use with your class, then this ought to be appropriate.

**Drama:** Act out the story of Noah building the ark.

Appoint the main characters in the story - make sure that everyone in the class has some part to play, and is clear about what they will need to do when prompted. Use one area of your class as the "ark".

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Narrate the story again and let the children act out their role. This is a class drama so it doesn't have to be perfect, just enough for the children to remember what happened.

**Discussion** about the importance of promises

Return the class to their usual seats and discuss promises - what are they, what kind of things do they promise, should promises be kept, who keeps their promises, then see who remembers what was the symbol of God's promise.

**Activity:** Pair words quiz.

Make two columns of words side by side, in one column place a word that fits with today's lesson, in the other column place a corresponding word. The paired words shouldn't be side by side so that the children have to look down the list to choose the right word, for example:

<table>
<thead>
<tr>
<th>Noah</th>
<th>Lioness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olive Branch</td>
<td>Rainbow</td>
</tr>
<tr>
<td>Ewe</td>
<td>Ark</td>
</tr>
<tr>
<td>Lion</td>
<td>Sheep</td>
</tr>
<tr>
<td>Promise</td>
<td>Dove</td>
</tr>
</tbody>
</table>

Make the list as long as you think the children will have time to complete in class.

**Closing Prayer thanking God for his promise.** For example:

"Thank you God for our class today. Thank you for the lesson we've learned and the fun we've had. Thank you also for your promise, and for your rainbow to remind us. Help us to keep the promises that we make, and keep us safe in your care. Amen."

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**Lessons Included in “Sunday School Lesson Plans”**

- House Upon The Rock: Good Choices
- Jesus Walks On Water
- House Is Just A Small Sampling of The Lessons Included ...
- The Creation Story: God Made The World
- The Life Of Moses
- Jesus Heals The Blind
- EVERY major Christian Holiday has a detailed lesson
- Abel Pleases God
- Mary & Martha
- Harvest Time
- John The Baptist
- And MANY More…
Ages 9-11

Opening prayer to open the session. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

Bible Story:

Noah’s Ark, pick up the story once the ark has been built and God sends Noah and the animals into the Ark. Either retell the story up to the point where God makes his Covenant with Noah, or use the following selected passages from the bible.

Genesis 7:7 - 7:18
Genesis 8:3 - 8:12

Have students in the class read the following passage - choose one student per verse.

Genesis 9:12 -9:16

Discussion of promises and relate to personal situations

What is the importance of the rainbow? What do they understand about promises? Ask what happens when they break a promise. Ask how they feel when someone breaks a promise with them. What kinds of promise do they think should never be broken (come to the conclusion that no promise should be broken unless it's not possible to do otherwise).

Activity: Secret Code Bible Verse

Use a verse from your bible reading - for example Genesis 9:16 - and issue the students in the class with a copy of the verse (un-identified) and in code - substitute numbers for letters (Noah - 14-15-1-8) or use letters one before the one it should be (Noah - Mnzg). The mission of the students is not only to break the code and write out the bible verse as it should be written - but also to identify which verse it is!

Closing Prayer thanking God for his promise. For example:

"Thank you God for our class today. Thank you for the lesson we've learned and the fun we've had. Thank you also for your promise, and for your rainbow to remind us. Help us to keep the promises we make and to understand how important it is that we do so. Keep us safe in your love as we go out into your world. Amen."

Shelley in Texas.....

Very detailed and easy to follow. A real "lifesaver" for the volunteer teachers at our church. It takes the guess work out of the equation with easy to follow prayers, activities, discussions and songs. A+ material that I would recommend to any Sunday school teacher.
Ages 12-14

Opening prayer to start session. For example:

"Dear God, thank you for the chance to come together with others in fellowship to learn more about your love. Give us the wisdom to learn from your words, and to put what we learn to work as we go about our lives in the week to come."

This week we are looking at the story of Noah and in particular the importance of keeping promises.

Bible Reading:

Appoint a number of readers and have each of them read a verse in turn until they come to the end of the readings. At the end of each section, discuss the bible passage that they've just read. Do they understand what it says? Is there anything they don't understand? If there is too much for your group to read/take in, miss the first section - don't miss the last as this is the main theme for the week.

Genesis 6:13-6:22

Genesis 7:7 - 7:18

Genesis 8:3 - 8:12

Genesis 9:12 -9:16

Your Questions...

How can I get more of these lessons?

To access the complete lesson plans package, go to my website: www.TeachSundaySchool.com and click on one of the order links.

After you place your order, you’ll get instant access to an “ebook” containing all the lessons. There’s no shipping and handling fee and you don’t have to wait in the mail to receive it.

Just print out the lesson plan, take a few minutes to review it and you’re ready to start teaching God’s word!

Is my online purchase secure?

We use Clickbank for our online transactions. Clickbank uses the strongest, most up to date, anti-fraud technology and never shares your financial information.

We accept payment by credit card, e-check, or PayPal.

What if I don’t like the lesson plans?

I back up the lesson plans with a 100% unconditional guarantee. So if you’re not thrilled, just send me an email and I’ll personally refund your purchase with no questions asked.
Ages 12-14 (Cont.)

**Discussion:** Implications of God not keeping promise

Do they think that the violence in today's world is greater than it was at the time of Noah? What if the Covenant wasn't there?

**Discussion:** Importance of promises and consequences of breaking them

Have a list prepared of the kind of promises this age group are likely to have made. "I promise there are no boys at the party" "I promise I won't smoke just because someone else does!" "I'm just going to the mall with Jenny, I promise!" <roll eyes for effect>

Now have the students consider the consequences of breaking these promises - in particular you are looking for personal safety, health issues and most importantly, the breaking of trust with the person they have made the promise too.

**Activity:** Role play - a promise not kept.

Use one of your scenarios and have the students act out the parts. You will need the promise maker, the person they make the promise too, and then enough people to bring it to a possible conclusion. What do the student's themselves believe would happen? Let them lead the scenario but with a little gentle nudging to get the ending you want!

**Closing Prayer thanking God for his promise.** For example:

"Dear God, thank you for your Covenant, and for leading us to the Right way by your own example. Help us to make the right kind of promises and to keep them so that we follow in your footsteps. Keep us safe in your love as we go about our lives this week, and guide our actions so that we reflect your work through our actions. Amen."

See The Next Page For An Important Message From The Desk Of Mary Kate...
After 12 months of restricting my “Sunday School Lesson Plans” to only a handful of local S.S. Teachers, I’m about to open the curtain and share my Lesson Plans with a select group of forward thinking educators. These are the exact lessons I’ve used to...

Jumpstart a rookie Sunday School Teacher, getting her ready for her first class in under 5 minutes!

Make the Bible relevant to today’s kids, increasing our church’s S.S. attendance rate by 189%!

Single-handedly amaze and delight a classroom of 41 children, brand new to Church, ranging in age from 2-14. (and I didn’t need any Advil to help me on the ride home)

In this letter, I’ll reveal my proprietary Sunday School Lesson Plans that produced these results. And I’ll show you how anyone can prepare a dynamic, fun, and educational Sunday School lesson in less time than it takes to drink their morning coffee. Plus, I’ll even let you prove to yourself how valuable these Sunday School Lesson Plans will be to you and your church… with no risk whatsoever.

From Mary-Kate Warner:

If you’ve ever searched for easy-to-prepare, creative, & powerful Sunday School Lessons, then this is the most important website you’ll ever read.

My name is Mary-Kate Warner and let me be the first to tell you, I’m not a 20 year Sunday School Veteran. I’m just a regular mom in Boulder with a husband, 3 cats, 1 hamster…and 2 children (Dillon, age 6 & McKenna, age 12).

Three years ago, my church asked me to help develop a new Sunday School Curriculum.

We had been losing volunteer Sunday School Teachers left and right.

Teachers were struggling to think of ways to engage the children in lessons, they were overwhelmed with the amount of time it took to prepare fun, creative sunday school lessons, and many felt that they weren’t doing a good job.

It was so sad. Members of our church who had reached out to offer their time, skills, and efforts to our Sunday School program were leaving their classes week after week feeling frustrated.

When the church approached me to help develop a standard curriculum, I was a bit taken aback. Our church had never had a "curriculum" for Sunday School. Instead, topics and lessons had been left in the hands of the individual teachers.
Having been an elementary school teacher for 15 years,

I knew the value of a structured lesson plan.

This seemed to be the missing piece. We had the eager volunteer teachers, we had children coming to church to learn God's Word, we simply needed Step-By-Step Lesson Plans to take the stress and burden off our teachers.

After 6 months of hard work, I had developed a curriculum of Sunday School Lesson Plans. Once they were finished, I "tested" them with our new Sunday School teachers. The results were amazing.

I actually had parents seek me out to say how much their children enjoyed the lessons, crafts, and activities. The Sunday School teachers were overjoyed.

They went from spending hours preparing for class to spending less than 10 minutes!

Word spread, and our Sunday School grew as people drove from neighboring towns so their children would be inspired by the Bible's lessons.

Eventually, we had reached capacity. Our classes were bursting at the seams. It was exciting, but we were concerned that we would soon have to turn children away (there was just NO SPACE!).

I met with our church planning group to discuss our "space problem". My church strongly believes in the power and blessings of shared experiences. We decided that perhaps the best idea would be to share our "Famous" Lesson Plans with other local Christian Churches in an effort to better their Sunday School Programs.

Amazingly, every single church and Sunday School Teacher who tried out my curriculum absolutely loved it. Here's what these teachers LOVED about the lesson plans:

• Lesson preparation was easy and fun for the teachers (usually took less than 10 minutes to prepare for class)

• The step-by-step crafts and activities were simple to prepare and brought the lesson to life for the students. Kids always left with a smile.

• Each lesson provided activities and material to guide a class for 1-3 hours. No more having to think of a craft to fill up the last 30 minutes!

• And most importantly, teachers reported that the children were more excited and inspired by the Bible's teachings than ever before. The lesson plans are interactive, modern, and fun. Students walk away with a "big picture" understanding.

The glowing reports were wonderful to hear. Our church had truly turned a challenging situation into a blessing. As our little lesson plans spread, we know that more children will benefit from the Bible's teachings.

In addition, it is truly a blessing that our lesson plans provide dedicated teachers the support and structure they often have a hard time finding. Teaching God's Word to youth is one of the most spe-
cial gifts in this world. Our lesson plans enhance the experience, so that even busy mothers and fa-
thers can incorporate the magic of Sunday School Teaching into their busy schedules.

Teaching Sunday School Should be Fulfilling, not Frustrating!

As word spread about our lesson plans, we were asked to make them available on the internet so
that more folks could take advantage.

In the short time this website has been on the Internet, 1,846 (and counting) teachers, parents, and
churches from 42 states (and 3 Canadian Provinces) have used my lesson plans for Sunday School,
Bible class, homeschool and family Bible study.

These lessons work!

Here's some of what you'll discover:

• 40 Minute-by-minute lesson plans - I've done all the planning, YOU focus on the kids!

• Prayer, readings, activities, songs, and games that are customized for each age level:
  • 2-5 years old
  • 6-8 years old
  • 9-11 years old
  • 12-14 years old

• Flexible plans that are designed for any class size (from 2 children at home to 50 children at
  church)

• Relate current events to relevant Scripture passages- without spending hours researching and
  preparing your lesson or discussion

• How to encourage group dialogue on how the verses covered each week apply to everyday life.
  You'll be shocked with your shy students speak up and share their thoughts!

• Engage children and teens with popular stories from both the Old Testament and New Testament.
  Each story is seamlessly related to today's world, with a focus on good values and moral lessons.
  Your students will discover:
  • Noah's Ark - Promises
  • The Good Samaritan - Love Thy Neighbor
  • House Upon The Rock - Good Choices
  • Jesus Washes Disciples Feet - Humility
  • and more...

• Lesson plans can easily used in combination to accommodate mixed-age classes

• Each lesson provides enough activities and ideas for 1 to 3 hours of learning.

• Structured lesson plans with unique, fun activities that reinforce the teachings of the Bible

• Regardless of your budget- these lessons will work for you! No special equipment is needed.
  These lessons were designed so that limited funding will not be a barrier.
Each lesson is based on positive themes acceptable to Christian churches of all persuasions

Prepare for your class in less time than you EVER thought possible- complete with handouts for all class participants.

5 fun tricks that will help your children memorize scripture verses.

Activity and craft ideas for every lesson- no more trying to think of something fun and creative until the late hours Saturday night ;)

Your class will never be boring again. There is something new in every lesson plan!

Lesson plans that include every major date on the church calendar, including:
  • Christmas
  • Easter
  • Palm Sunday
  • and more...

Customizable activities that work for both large groups AND small groups of children

Creative Sunday School activities that keep the kids engaged and having FUN! Including:
  • Treasure hunts, drama activities and role playing
  • Word puzzles, anagrams and secret code breaking
  • Original, never-seen-before arts & crafts ideas - I GUARANTEE you'll find several you didn't know!
  • Fun quiz games customized for each age level
  • "It's In The News" - the faith based, fun journalism game my students ask for by name!
  • And much more...

Effortlessly relate Bible verses to topics that interest today's kids and teens (I'll show you how John 13: 1-17 can teach your students a lesson about buying a new iPod!)

And much, much more...

All you need is the desire to teach children about God, the lesson plans will take care of the rest.

The stories, activities, and messages have been written to endure the test of time. Purchase them today and you'll have a curriculum you can continue to use for years to come!

Hear what other Sunday School Teachers are saying...

Thanks for everything! For this "first-time" Sunday School teacher, your lesson plans have made my life a lot easier, our time more productive, and the kids are having fun AND learning. Thanks!
Gwen Reading
Georgetown, MA
Very detailed and easy to follow. A real "lifesaver" for the volunteer teachers at our church. It takes the guess work out of the equation with easy to follow prayers, activities, discussions and songs. A+ material that I would recommend to any Sunday school teacher.
Shelley W.
Odessa Texas

I am a father who volunteered with the church to give something back to the community. I was a bit clueless and REALLY needed some help making the lessons fun and interesting for my group of 6-8 year olds. I have just started using your lesson plan curriculum. I could not be any happier! people think I know what I'm doing! I would recommend this to anyone starting out, or even to experienced teachers who are looking for something new and unique.
Mike Powell
Des Plaines, IL

The Sunday School lesson Plans gave me a fresh new perspective and some great new ideas for crafts and songs all in one concise booklet. Our entire Sunday School team appreciated the breakdown the various age levels! After 21 years of teaching my lessons were getting a bit stale. I really appreciated the excellent organization of Mary-Kate's book!
Ellen Ragan
Covina, California

You'll have a virtual encyclopedia of Sunday School Lessons that are designed specifically for Sunday School Teachers & Parents. And it's organized into fully searchable lessons, so you'll actually use it over and over.

And what's really exciting is that

You Can Be Reading It
90 Seconds From Now!

Sunday School Teachers who attend our retreats pay up to $150 to get just a portion of this knowledge. As a special introductory Internet Offer, you can get the complete reference for just $37.77. That's a savings of over $110.

And what's really exciting is that my Sunday School Lesson Plans are organized into a downloadable ebook. Just place your secure order, and you'll have instant access to it. No waiting for the mailman to show up. No shipping and handling fee. That's an additional $6.00 saving right there.

$37.77 is peanuts compared to the results you'll achieve and the time you'll save.

Still not convinced?

There's something else I'd love to offer you...

Unlimited "Sunday School Lesson Plans" Updates.

As part of this Internet Introductory Offer, you'll get access to unlimited "Sunday School Lesson Plans" updates. That's right, all updated versions, addition features, bonuses, etc. will be sent right to your inbox. FREE!
You'll have the latest information and tools before anyone else.

Like I said earlier, you can place your order right now and be learning the lesson plans within seconds.

The way it works is simple and fast.

As soon as your order is processed (takes about 30 seconds), you’ll be taken to the “Download Page” where you can instantly view and print all of the lessons.

And you can return to your special web page any time you like to view or print the information… as often as you like, and from any computer in the world!

You’ll be thrilled with how fast, fun, and easy it is to making a lasting impact on the children you teach.

These lesson plans normally sell for $97.77 in its offline “physical” format.

But when you get instant access over the Internet, I’m able to offer it to you for only $37.77. That’s a savings of $60!

The reason I can offer it at this super low price is because the lessons are delivered to you over the computer and I don’t have to fork over any shipping, storage, or manufacturing costs. So I pass the savings on to you.

If you’re reading this online, you can get the lessons by clicking here:

http://www.teachsundayschool.com/order-now.html

You may need to hold down the control key depending your computer’s settings.

If you’re reading this in hard copy, just type the above website into your browser and you’ll immediately be taken to the secure, online order form.

I invite you to put all the risk entirely on me
By taking advantage of my “no hassle” guarantee

Now, in case you have any lingering doubts whatsoever, I want to make it foolproof for you. You see, I completely guarantee that my Lesson Plans will produce the kind of Christian leaning environment that will rocket your Sunday School Program to new levels.

You’ve already heard what other church leaders and teachers have to say about how much they’ve benefited from the Lesson Plans. And I’m so confident that you’ll be just as happy, I’m offering you a powerful, hassle-free guarantee.

Take 2 full months to put this entire “Sunday School Lesson Plans” program through its paces. “Test Drive” the lessons as many times as you’d like during this 2 month period. If you don’t immediately experience remarkable results with your Sunday School class- just send me an e-mail and you’ll immediately receive a refund of every penny of the purchase price. No questions asked, and no hard feelings.
How can I make such a powerful promise and guarantee? It's easy, because I’ve seen the results these lessons have produced for teachers across the country, over and over again. And I know that once you put these lessons into action, and are amazed by what your Sunday School Lesson can accomplish, a refund will be the farthest thing from your mind.

If you want to get in on this limited-time order period, you need to act now.

I’m limiting the number of teachers & churches that I release the lesson plans to during this first phase of internet availability. I take great pride in answering every teacher’s question personally, and I don’t want to overextend myself. For this reason, I will only be releasing 100 copies of the lesson plans to start.

With over 17,000 people receiving information about my “Sunday School Lesson Plans”, I fully expect to cut off the sale of the lesson plans in short order. So if you’re really serious about achieving maximum Sunday School Impact with minimal prep-time, you can’t wait. You need to take immediate action.

If you’re reading this online, you can get the lessons by clicking here:

http://www.teachsundayschool.com/order-now.html

If you’re reading this in hard copy, just type the above website into your browser and you’ll immediately be taken to the secure, online order form.

I know a lot of people beat around the bush, but I’m going to be very straight with you. If you’ve read this far, you’re either going to invest in your Sunday School class and “test drive” the lessons, or your seriously considering it. And that’s what you should do- test drive the lessons now.

The beauty of the lessons is that they are pre-planned and totally reliable. There is a strong chance that you’ll be writing me in a week to tell me what a hit these lessons were with your class. And since your investment is completely guaranteed, you truly don’t have anything to lose.

So why wouldn’t you give the lessons a try? Quite frankly, I can’t think of any good reason not to. Don’t procrastinate and risk missing out on this powerful opportunity. If you’re online, click here to get started now:

http://www.teachsundayschool.com/order-now.html

If you’re reading this in hard copy, just type the above website into your browser and you’ll immediately be taken to the secure, online order form.

Take a minute right now- before someone else grabs your copy- and claim your “Sunday School Lesson Plans”.

I look forward to helping you use this powerful tool to take your Sunday School Class to the next level- and beyond.

Best Wishes,
Mary-Kate Warner

P.S.- Here are three quick reasons why this is the right choice for you:

ONE: 1,846 (and counting) other Sunday School Teachers (and many parents) from 42 states have used my lesson plans.

TWO: In the past few weeks alone, I’ve received 34 (and counting) success story e-mails like the ones you read above...from parents and teachers JUST LIKE YOU who tried the lessons and love them.

THREE: I’m the only person that’ll let you keep all the lessons FREE if they don’t work for you. You have absolutely no risk!

If you’re online, click here to get started now:

http://www.teachsundayschool.com/order-now.html

If you’re reading this in hard copy, just type the above website into your browser and you’ll immediately be taken to the secure, online order form.